

SPECIAL EVENTS

Jump Rope/Hoops for Heart

This awesome event gives students the opportunity to raise money and help prevent heart disease and strokes. Deerfield Elementary is one of the top fundraisers in the entire state even though we are one of the smallest schools involved. Over the years we have raised over \$160,000 for the American Heart Association.

DES Fine Arts Month

A special month with school-wide activities that promotes the importance of the Arts in our schools.



VISIT THE PE WEBPAGE ON THE
DEERFIELD ELEMENTARY SCHOOL
WEBSITE

SELECT TEACHERS WEB PAGES ⇒
SPECIALS ⇒ PE
www.deerfield.k12.wi.us

Importance of School Attendance

School attendance is both a right and a responsibility. The School District is an active partner with students and parents in the task of ensuring that all students meet or exceed the Wisconsin state learning standards. Research continues to show that regular school attendance is directly related to positive student achievement and growth.

It is recognized that absence from school may be necessary under certain circumstances. Parents are encouraged to call in student absences followed with a written notice. However, in accordance with the Compulsory School Attendance laws, a student will be considered a habitual truant if he/she is "absent from school without an acceptable excuse for either of the following: part of five or more days in a semester or part or all of 10 or more days during the school year. "

DEERFIELD ELEMENTARY SCHOOL

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DEERFIELD ELEMENTARY
SCHOOL

ELEMENTARY PHYSICAL EDUCATION CURRICULUM

We are committed to educating the whole child while providing a safe and nurturing environment that promotes a passion for lifelong learning, respect for self and others, and an appreciation for individual differences.



TEL: 608-764-5442

Parents are Partners
in Expecting Success

GRADE LEVEL CONTENT

Physical Education is a time for students to explore many different activities and feel good about moving, which in turn encourages them to be active and healthy.

Our goal is not only for students to become excited about movement and have an active lifestyle, but also help them grow academically, socially, and emotionally.

Because of this strong conviction, much of our program will focus on respect, manners, social development, and problem solving skills that are needed for lifelong success. If a student learns these skills at a young age, hopefully they will continue to develop these qualities throughout their life.

All classes have Physical Education three times per week for 30 minutes.

GRADES K-1

In the lower grades, our Physical Education goal is to get students excited about moving and learning basic skills. Student play games that work on social awareness and good sportsmanship.

Basic skills include:

- ◆ Running
- ◆ Skipping
- ◆ Hopping
- ◆ Jumping
- ◆ Throwing
- ◆ Catching
- ◆ Striking
- ◆ Kicking
- ◆ Dribbling

GRADES 2-3

As students develop certain skills we will put them to use in game situations. At this level students begin to learn the basic rules and philosophies of games.

Typical units include:

- ◆ Soccer
- ◆ Basketball
- ◆ Fitness activities
- ◆ Fitness testing

GRADES 4-6

In the upper grades units become more advanced with less skill development. At this level students learn about target heart rate and different muscle groups. Students also learn greater detail about the rules of games which are more strictly enforced.

Typical units include:

- ◆ Flicker ball
- ◆ Volleyball
- ◆ Floor hockey
- ◆ Fitness activities
- ◆ Olympic games
- ◆ Roller skating

CLASS EXPECTATIONS

All students are expected to have a positive attitude and give 100% effort, listen and follow directions, and actively participate in class.

CLASS EQUIPMENT

Students are expected to wear proper gym shoes and wear appropriate clothes for safety and comfortably moving around during physical activities.

“ EXERCISE AND RECREATION ARE AS NECESSARY AS READING.”

THOMAS JEFFERSON

