

Health & Wellness Committee Meeting
August 8, 2017
10:00 a.m., District Conference Room

Attendees: Barber, Callahan, Dunnington, Fischer, George, Klein, Koeppe, Stevens, Wierzba

Other Attendees: Jensen, Johnsrud

Agenda:

1. **Bike Grant:** Pam Klein shared two videos and presented information about the grant. Our district will receive 50 mountain bikes and 50 helmets to be used for grades 7 and 8 PE classes.
2. **2017-18 Goals:** Input from the newly-formed NFL Play 60 Student Ambassador Group will be gathered to help set goals for the year.
3. **NFL Play 60:** Possible dates are September 15 and September 29.
4. **Healthy You, Healthy Me Workshop Update:** 20 staff members attended this 2-day training, which addressed taking care of yourself so you can do a better job with kids.
5. **Committee Membership:** Good diversity, works well.
6. **Other:**
 - a. **District In-Service:** Would like to have some health and wellness activities offered during in-service and on other days leading up to the first day of school.

Next Meeting: September 19, 2017 at 7:45 a.m.