

Health & Wellness Committee Meeting  
April 17, 2024  
12:20 p.m. via Google Meet

Attendees: Melinda Kamrath, Wendy Helminiak, Hannah Riedl, Stephanie Nanstad, Aime Hruby,  
Adam Dunnington, Sandy Fischer

Other Attendees: No other attendees

**Agenda:**

**1. Mental Health Services Report**

- a. KH from PS Team completing state testing
- b. AH and HR are on their second week of a skills group at DES
- c. HR is on 3rd week of a family skills group in DMS
- d. HR distributed a survey for feedback on SSW role

**2. Nutrition Services Report**

- a. Wrapping up AR corrective action
- b. Laps for Learning in a couple weeks
- c. Getting ready for end of the year activities

**3. School Nurse and Report**

- a. Measles discussion—titer only recommended if working in healthcare
- b. Vaccine clinic—May 11th at the Holtzman Learning Center-info sent to Cindy and Angie

**4. Athletics/Fitness Center Report**

- a. Fitness Center summer hours will be out shortly
- b. Spring sports in full swing

**5. Activities Report**

- a. Walking School Bus April 24, May 1, 8
- b. Bike to School May 15-looking for volunteers

**6. HR/Employee Wellness Report**

- a. Shared with staff on Dean Health Plan optional 1:1 Wellness Session with Dean Health Transformation Consultants
- b. Open enrollment coming soon for health, dental, vision, and FSA
- c. Onsite Chair Massages - hoping to coordinate for the fall

**7. Looking Ahead**

**8. Other**

**Next Meeting: TBD**