# **Deerfield COVID-19 Fitness Center Reopening Plan**

## **Safety Precautions:**

- Please arrive no earlier than 5 minutes before your scheduled workout.
- Participants are asked to enter and exit with minimal interaction with other participants. No congregating shall be allowed.
- Cubbies will not be available to members. Members must come dressed and ready to work out
- ALL members MUST wear masks while working out in the Center.
- Minimum of 6 ft must be maintained at all times between all participants EXCEPT when spotting.
- A supervisor will be present at all times until further notice.
- Supervisors have the authority to ask persons not following the rules to leave without notice.

## **Guidelines for Operation:**

- The Fitness Center will be open Monday-Friday 5a-7a and Monday through Thursday 6p-8p.
- All members must pre-sign up for a workout time.
- Maximum occupancy is 10 Community Members
- Maximum time limit is 45 minutes in the Center.
- Hours are subject to change at the discretion of the Superintendent and School Board
- Waiver must be signed upon first use

## Cleaning:

- Members and staff will be asked to sanitize hands upon entry & exit. Increased sanitization stations will be available throughout the facilities.
- Members will be required to wipe off all surfaces of equipment used before moving on to other equipment.
- Staff will be in charge of disinfecting equipment in between groups and closing.

## **Equipment:**

- To adhere to social distancing guidelines, certain equipment may be turned off and marked off with signs.
- Drinking fountains are open for use. All members are strongly encouraged to bring their own water bottle.
- The hallway door to the restrooms will be propped open during hours of use for easy access.
- Yoga Mats will not be available for use. You must bring your own if you would like to use a
  yoga mat.

## **Self-Screening for Members:**

Members should use the following School Health Screening Guidelines.

## **SCHOOL HEALTH SCREENING GUIDELINES**

All fitness center members are asked to complete a daily health screening at home before coming to the fitness center.

- ❖ Did you have a temperature over 100.4 Fahrenheit within the last 72 hours?
- ❖ Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a cough, shortness of breath, difficulty breathing, or sore throat within the last 48 hours?
- Do you have a new loss of taste or smell?
- Do you have muscle pain or chills?
- Did you have any other illness symptoms including vomiting, diarrhea, continuous nasal drainage, or rash in the last 72 hours?

If you answered "yes" to any of these questions, please stay home. Tell a parent or guardian and/or consider contacting your healthcare provider.

PLEASE SIGN THE WAIVER ON THE FOLLOWING PAGE

#### **Deerfield Community School District**

#### **Facility Use**

#### Waiver and Release of Claims

By signing below, I expressly agree and understand that I am entering the Deerfield Community School District (District) at my own risk to engage in the following activities: Fitness Center workout. I understand the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization (WHO). Further, I acknowledge that COVID-19 cases have been confirmed in Dane County, Wisconsin and surrounding counties. In accordance with guidance issued by the WHO, the United States Centers for Disease Control and Prevention (CDC), and the Wisconsin Department of Health Services (WDHS), for slowing the transmission of COVID-19, I hereby agree, represent, and warrant that I shall not enter District facilities and engage in the foregoing activities within 14 days after (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice, (ii) exposure to any person returning from areas subject to a CDC Level 3 Travel Health Notice, or (iii) exposure to any person who has a suspected or confirmed case of COVID-19. I agree that they are aware of the CDC Travel Health Notices list (https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html) and agree to check this list prior to signing this waiver. I hereby agree, represent, and warrant to not enter District property if I (i) experience symptoms of COVID-19, including, without limitation, fever, cough, or shortness of breath, or (ii) have a suspected or diagnosed/confirmed case of COVID-19.

The Deerfield Community School District has taken reasonable steps to implement recommended guidance and protocols issued by Public Health Agencies for slowing the transmission of COVID-19, including, without limitation, the restrictions set forth above. I understand the inherent dangers for exposure to COVID-19 and other injuries while engaged in the foregoing activities on District property, which could result in quarantine requirements, serious illness, disability, and/or death and hereby assume full responsibility for, and risk of, illness, bodily injury, or death. Having read and understood the above warning, I recognize the importance of reviewing and following the guidance issued by the WHO, CDC, and WDHS, as well as the District's policies and procedures related to same. By signing this agreement, I agree to be responsible for personal safety and hygiene while engaged in the foregoing activities on District property and abide by District rules and procedures related to social distancing and use of personal protective equipment (PPE), including, but not limited to face masks or shields.

I further agree to hold the Deerfield Community School District, its employees and agents and any and all persons or entities holding thereunder, including any and all policies of insurance, harmless from any and all claims, suits, obligations or other liabilities which arise or may arise out of my engagement in the aforementioned activities on District property. Further, I agree to indemnify any of the aforementioned persons and/or entities to the extent of any damage claims, including attorney fees, which arise or may arise out of my activities on District property.

I hereby certify that I have read the above provisions and agree to abide by the terms of this Agreement.

Signature	Date	
(Printed)		