

Health & Wellness Committee Meeting
September 19, 2017
7:45 a.m., District Conference Room

Attendees: Backes, Barber, Callahan, Dunnington, Fischer, George, Klein, Koepfel,
Schuh, Stevens, Tebon

Other Attendees: No other attendees

Agenda:

1. **Care Bags:** Trying to solicit a donation of 50 bags of miscellaneous supplies (toothpaste, toothbrushes, deodorant, etc.) to have on hand for students in need.
2. **Let's Move Active Schools-National School Award:** We are one of six schools in Wisconsin that received this award.
3. **Bring Your Parent to PE Night:** Idea is to get parents familiar with the new fitness center. It was suggested that it is coordinated with the Bridges program.
4. **Student NFL Play 60 Group Update:** There are approximately 20 students in grades 6-9 in this group. They are working on ideas for NFL Play 60 Night.
5. **NFL Play 60 Night:** Scheduled for September 29th and format will be the same as in years past. People will walk the track before the football game, snacks will be served.
6. **Other:**
 - a. **Bike Grant Update:** Delivery of bikes has been slightly delayed due to weather but should be coming in October.
 - b. **Walking School Bus:** Scheduled for October 4, 11, 18 and 25. High School Student Council members and parents will again chaperone.
 - c. **Fitness Center Update:** Students will be surveyed about days and times they will be most likely to use it so hours of supervision can be determined.
 - d. **Narcan:** Discussed the need to have it available at school. Will find out how we can get it and the necessary training for use.
 - e. **AED Devices:** Would like to have them installed at the stadium and fitness center.
 - f. **AODA Updates:** Dane County Youth Risk Survey will be given to students in January. Jacquie Schuh announced that there are mini-grants available on driver safety and the Life of an Athlete conference with John Underwood is scheduled for November 8-9 at Door Creek Church.
 - g. **TRUE ID:** They have hung new posters around school. A strength and conditioning coach from UW-Madison will be coming to speak about healthy eating and sleep choices.

Next Meeting: October 17, 2017 at 7:45 a.m. in the district conference room