

Health & Wellness Committee Meeting  
August 13, 2015  
12:15 p.m., District Conference Room

Attendees: Callahan, Fischer, George, Johnsrud, Klein, Lund, Wepking, Wierzba

**Agenda:**

- 1. Dinner and Dialogue:** Student Council and the Lund family helped package 300 dinner starters to give out at Open House/Expect Success Night on August 26<sup>th</sup>. Conversation starters were included. Would like to do this again mid-year.
- 2. NFL Play 60 Grants:** Two grants were received: \$1,000 which is split as follows: \$500 for the elementary school which will be used for spring Family Fitness Night; and \$500 for middle/high school which will be used for the dinner at NFL Play 60 Night on September 18<sup>th</sup>. An equipment grant in the amount of \$500 was received and will be used for flag football in PE classes.
- 3. Skating Grant:** \$4,500 was received for roller skates and pads for grades 4-6. There will be a Family Skate Night planned this school year.
- 4. Goals for 2015-16:** Events for the year include Walking School Bus for October 7<sup>th</sup> and 21<sup>st</sup>, Winter Walk & Dinner and Dialogue for January 15<sup>th</sup>, Family Fitness Night & Skate Night for March 11<sup>th</sup>, Deerfield on the Run & Bike to School in May. Other possible ideas are Cabin Fever Friday in February for middle school, and something for staff. Committee was reminded that the Health & Wellness policy needs to be followed and they will review it next year.
- 5. Other:** No other items.