

# Middle/High School Menu - October 2017

Monday, October 2	Tuesday, October 3	Wednesday, October 4	Thursday, October 5	Friday, October 6
<ul style="list-style-type: none"> <li>Spaghetti w/plain or meat sauce, Garlic Bread,</li> <li>Pizza Line</li> <li>Chili Bar</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Parmesan Crusted Roast Chicken, Mashed Potatoes, Corn</li> <li>Pizza Line</li> <li>Chicken Caesar Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Cheese or Chicken Enchiladas, Rice, Black Beans</li> <li>Pizza Line</li> <li>Philly Steak Sandwich</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Baked Mostaccioli, Garlic Bread</li> <li>Pizza Line</li> <li>Chef Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<b>Homecoming Release 1:30</b> <ul style="list-style-type: none"> <li>Hot Dog, Tater Tots, Baked Beans</li> <li>Pizza Line</li> <li>Spicy Chicken Strips</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>
Monday, October 9	Tuesday, October 10	Wednesday, October 11	Thursday, October 12	Friday, October 13
<ul style="list-style-type: none"> <li>Beef Taco or Nachos, Refried Beans</li> <li>Pizza Line</li> <li>Broccoli Cheddar Soup</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Meatball Sub, Baked Chips</li> <li>Pizza Line</li> <li>Baked Potato Bar</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>French Toast, Scrambled Eggs, Sausage</li> <li>Pizza Line</li> <li>Chicken Noodle Soup</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Pork Soft Taco, Rice, Black Beans</li> <li>Pizza Line</li> <li>Popcorn Chicken</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Burrito Bowl</li> <li>Pizza Line</li> <li>Chicken Caesar Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>
Monday, October 16	Tuesday, October 17	Wednesday, October 18	Thursday, October 19	Friday, October 20
<ul style="list-style-type: none"> <li>Chicken Alfredo, Steamed Broccoli</li> <li>Pizza Line</li> <li>Chicken Cordon Bleu</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Hamburger or Cheeseburger, Fries, Cole-slaw</li> <li>Pizza Line</li> <li>Southwest Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Patty Sandwich</li> <li>Sweet Potato Fries</li> <li>Pizza Line</li> <li>Philly Steak Sandwich</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Broccoli Cheddar Soup in Bread Bowl</li> <li>Pizza Line</li> <li>Chili Bar</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Sweet &amp; Sour Chicken, Rice</li> <li>Pizza Line</li> <li>Baked Potato Bar</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>
Monday, October 23	Tuesday, October 24	Wednesday, October 25	Thursday, October 26	Friday, October 27
<ul style="list-style-type: none"> <li>Pancakes, Sausage, Peaches</li> <li>Pizza Line</li> <li>Taco Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Mac &amp; Cheese</li> <li>Pizza Line</li> <li>Buffalo Chicken Sandwich</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Nuggets, Noodles, Green Beans</li> <li>Pizza Line</li> <li>Spicy Chicken Strips</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<b>No School</b>	<b>No School</b>
Monday, October 30	Tuesday, October 31			
<ul style="list-style-type: none"> <li>Chicken Tender Wrap</li> <li>Pizza Line</li> <li>Southwest Salad</li> <li>Fruit Choice</li> <li>Garden Bar</li> </ul>	<p style="text-align: center;"><b>Halloween</b></p> <ul style="list-style-type: none"> <li>Pumpkin Pasta, Green Goblin Smoothies, Carmel Apple Salad</li> <li>Spooky Pizza Line</li> <li>Creepy Mac &amp; Cheese Bar</li> <li>Fruit Choice / Garden Bar</li> </ul>			

All Meals Include Choice of 1%, Skim or Skim Chocolate Milk

\*Menu Subject to change without notice

Garden Bar Served Daily Will Include A Combination of Fresh Fruit and Vegetable Options